



SMALL PLATES

GUACAMOLE (GF,DF,VG) home-made served w/ pico de gallo & corn chips	15
CHILE CON QUESO (GF,V) served w/ chopped pickled jalapenos & corn chips	10
GARLIC PRAWNS freshly grilled prawns infused with citrus zest, cilantro, fresh chili & olive oil - served with fried flour tortilla pieces <u>Add:</u> Diced Crispy Chorizo	24
Gluten Free Corn Tortillas	+5
*Df & Gf options available	+2
SMOKY PAPRIKA CORN (V) chargrilled corn served in cilantro crema, smoked paprika & shaved queso cheese. Gf, Df & Vegan upon request	20
CAULIFLOWER BITES (V,GF) crumbed cauliflower served w/coriander crema & chili flakes. *Vegan upon request	18
HALOUMI FRIES (V,GF) served w/ habanero jam & chili lemon	18
(2) CHEF'S CHIMICHANGAS mini deep fried burritos using our chef's election of the freshest ingredients. *swap to vegan protein	18
	+2
6/12 CHICKEN WINGS (GF,DF) served w/ habanero crema & chili flakes. <u>Choice of:</u> -Spicy Tapatio (ask for extra hot) -Herradura Tequila Barbecue (mild).	9/16
CALAMARES (GF,DF) served w/ cilantro crema, lime, chives & fresh red chilli.	18
(2) BEEF EMPANADAS chipotle braised beef & chimichurri served w/ shaved manchego, chives & habanero crema. *swap to vegan protein	16
PAPAS CON CHORIZO smoked chorizo with diced potato bites of sweet potato & yellow potato, served w/ rocket, manchego cheese, sour cream, fresh cilantro & chimichurri.	18
ENSALADAS	
FRIDA ENSALADA (VG,GF) charred cauliflower w/ quinoa, dressed green cabbage, red cabbage, onion, charred corn, chargrilled capsicum, toasted pepitas, lime & garlic infused olive oil . <u>Add:</u> Grilled Chicken (gf)	18
Chipotle Calamari (gf)	+5
Garlic Infused Prawns (gf)	+7
Crispy Tempeh (vegan)	+9
	+5

TACOS

PREMIUM TACOS

All served on a flour tortilla.
Lettuce Leaf +1
Corn Tortilla +1

PRAWN SALSA (DF)
marinated prawns w/ frida's coleslaw, guacamole, tomatillo, radish, cucumber salsa & chili lime. 14
GF option w/corn tortilla or lettuce leaf +1

STEAK CHIMICHURRI
rump-cap steak w/ manchego cheese, tomatillo, chimichurri, agave onion, rocket, pickled cabbage & fried garlic. 14

DF option + GF option w/corn tortilla or lettuce leaf +1
HALOUMI & CRISPY CAULIFLOWER (V)
grilled haloumi cheese, crispy fried cauliflower, frida's coleslaw, chives, chimichurri, habanero & pineapple chili jam. 13
GF option w/corn tortilla or lettuce leaf +1

SURF & TURF MEXICANA
garlic butter spiced prawn, rump-cap steak, agave onion, manchego cheese, pickled cabbage, rocket, tomatillo, crispy garlic & chimichurri mayo. 16
GF option w/corn tortilla or lettuce leaf +1

CLASSIC TACOS

All served on 6' flour tortillas
Corn Tortilla +0.5
Lettuce leaf +0.5

CRISPY BARRAMUNDI FISH
crispy coconut marinated barramundi w/ tomato pico, dressed cabbage, pickled onion, chipotle mayo & queso fresco. 9.50 *GF option available

CRISPY CHICKEN
crispy chicken w/ charred corn salsa, pickled onion, dressed cabbage, chipotle mayo & queso fresco. 9.50 *GF option available

CHIPOTLE BRAISED BEEF
chipotle braised beef, pickled cabbage, radish, habanero crema, guacamole & queso fresco. 9.50 *GF option available

CALAMARI (DF)
crispy calamari w/ pineapple chili jam, red cabbage, dressed green cabbage, cucumber salsa & cilantro crema. 9.50 *GF option available

PULLED PORK
pulled pork w/ tomatillo, pickled cabbage, pineapple chili jam, queso fresco & cilantro crema. 9.50 *GF option available

CRISPY CAULIFLOWER (V)
crispy cauliflower w/ guacamole, rocket, cilantro crema, pickled onion & queso fresco. 9.50 *GF option available

7 COURSES TO SHARE

BANQUET

Chili Con queso + Corn Chip

Grilled Corn

Chimichangas

Quatro Queso Quesadilla

BBQ Chicken Wings

Ensalada Picada

&

Choice of Classic Taco (1pp)

\$45PP

Gluten free & Vegan options available.
Minimum 2 people, full table group required.
Groups of 8 or more required.
Available daily until 8pm.

TAPAS

CORN CHIP BASKET (GF) +3
CORN TORTILLAS (2) (GF) +2
FLOUR TORTILLAS (2) +1
LETTUCE LEAFS (2) +1
GRILLED/CRISPY CHICKEN (GF) 5
CHIPOTLE CALAMARI (GF) 7
RUMP STEAK (GF) 9
GARLIC INFUSED PRAWNS (GF) 9
CARNE MEXICANA (GF) 5
BRAISED BEEF CHEEK 5
PULLED PORK (GF) 5
CRISPY DICED CHORIZO (GF) 5
CRISPY TEMPEH (VEGAN) +5
GUACAMOLE (VEGAN) +7

SAUCES

HABANERO JAM +3
SMOKED SOUR CREAM +3
PINEAPPLE CHILI JAM +3
CHIPOTLE CREMA +3
HABANERO CREMA (V) +3
CHIMICHURRI +3
TOMATO PICO +3
JALAPENOS & CUCUMBER SALSA +3
VEGAN SOUR CREAM +3
HOT TOMATO SALSA +5

LARGE PLATES

QUESADILLAS

LA FRIDA QUESADILLAS (V)
quatro queso w/ smoked corn mole, rocket, chives, chili flakes, habanero crema & smoked sour cream. 21

Add:
Pulled Pork w/ Pineapple Chilli Jam +5
Carne Mexicana w/ Tomato Pico +5
Chicken (Crispy/Grilled) w/ Charred Corn Salsa +5

STEAK QUESADILLA
rump-cap steak served w/ agave onions, smoked sour cream, chimichurri, chives, chili flakes, smoked corn mole, quatro queso & guacamole. 26

GRILLED CHICKEN & CHORIZO QUESADILLA
grilled chicken & smoked chorizo w/ agave onions, tomato pico, smoked sour cream, chives, chili flakes, quatro queso & habanero crema. 25

NACHOS

MUCHOS NACHOS (GF)
served w/ black beans, mozzarella, smoked sour cream, habanero jam, cilantro crema, habanero crema & guacamole. 24

Choice of:
Carne Mexicana
Pulled Pork
Chicken (Crispy/Grilled)

VEGETARIAN NACHOS (V,GF)
corn salsa & charred cauliflower w/ black beans, pickled onion, mozzarella, smoked sour cream, habanero jam, cilantro crema & guacamole. *Vegan upon request 23

BURRITO BOWLS

GRILLED BARRAMUNDI & QUINOA (GF, DF)
fresh grilled barramundi belly served w/ quinoa, crispy rocket, guacamole, tomato pico, Frida's coleslaw, pickled onion, chili, lemon & corn tortilla chips. 27

HALLOUMI & CRISPY CAULIFLOWER (V,GF)
crumbed cauliflower & diced crispy haloumi w/ rice, black beans, rocket, pickled cabbage, agave onion, chimichurri, & habanero jam. *Vegan upon request 24

BRAISED BEEF CHEEK (GF)
braised beef cheek w/ rice black beans, charred cauliflower, chives, spring onions, rocket, red cabbage, pickled onion, pineapple chili jam, smoked sour cream, habanero crema & chili flakes. *DF option 26

CRISPY OR GRILLED CHICKEN (GF,DF)
chicken (crispy or grilled) w/ rice, cilantro crema, chives, spring onions, dressed cabbage, charred corn salsa, pickled onion, kiss peppers, habanero crema & chili flakes. 26

FRIDA SOL

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