

TAPAS

MEXICANA DIPS (V,GF)

Made in house ~ served with homemade corn chips.

Guacamole bowl w/ pico de Gallo (DF, Vegan) 16

Frida's original Bean and Cheese Dip 16

SMOKY PAPRIKA CORN (V) 22

Grilled corn, crema, smoked paprika & queso Fresco.

DF & Vegan option available

CAULIFLOWER BITES (V) 19

Crumbed cauliflower served w/coriander crema & chives

Vegan option available

HALLOUMI FRIES (V,GF) 18

Served w/ habanero jam & chili lime

(3) CHEF'S CHIMICHANGAS 18

Amazing deep fried mini burritos filled with pulled pork and mexican seasoned beans

6/12 FRIED CHICKEN WINGS (GF,DF) 12/19

-Spicy Tapatio (Hot)
-Tequila Barbecue (Mild).

SALT & PEPPER CALAMARI (GF, DF) 20

Served w/ cilantro crema, chives & chilli lime.

(3) BEEF EMPANADAS 19

Chipotle braised beef, chimichurri & mozzarella served w/ shaved manchego, chives & habanero crema.

LARGE PLATES

QUESADILLAS

STEAK QUESADILLA 29

Rump-cap steak served w/ agave onions, smoked sour cream, chimichurri, rocket, chives, chili flakes, quatro queso & guacamole.

GRILLED CHICKEN & CHORIZO QUESADILLA 27

Grilled chicken & smoked chorizo w/ tomato pico, smoked sour cream, chives, rocket, chili flakes, quatro queso & habanero crema.

NACHOS

MUCHOS NACHOS 26

Served w/ black beans, mozzarella, smoked sour cream, habanero jam, coriander crema, habanero crema, guacamole & pico de Gallo

**Carne Mexicana (GF)
Pulled Pork (GF)
Chicken (Crispy/Grilled) (GF)
Vegetarian Nachos (GF)**

BURRITO BOWLS

Rice, black beans, dressed cabbage, corn salsa, pickled onion, guacamole, kiss pepper & crispy nachos.

Halloumi & Cauliflower – chimichurri & habanero jam (V, GF, Vegan option upon request) 26

Braised Beef – pineapple jam, smoked sour cream and Habanero crema sauce (GF) 28

Crispy or Grilled Chicken - cilantro crema and Habanero crema (GF, DF) 28

TACOS



CLASSIC TACOS

All served on 6' flour tortillas

GF option w/corn tortilla +1

Add Guac +2.50



CRISPY BARRAMUNDI FISH

Crispy coconut marinated barramundi w/ tomato pico, dressed cabbage, pickled onion, habanero crema & queso fresco. 9.50

CRISPY CHICKEN

Crispy chicken w/ charred corn salsa, pickled onion, dressed cabbage, habanero crema & queso fresco. 9.50

CHIPOTLE BRAISED BEEF

Chipotle braised beef, red cabbage, radish, habanero crema, cashew sauce, guacamole & queso fresco. 9.50

CALAMARI (DF)

Crispy calamari w/ pineapple chili jam, red cabbage, dressed cabbage, cucumber salsa & cilantro crema. 9.50

PULLED PORK

Pulled pork w/, dressed cabbage, pineapple chili jam, queso fresco & cilantro crema. 9.50

CRISPY CAULIFLOWER (V)

Crispy cauliflower w/ guacamole, rocket, cilantro crema, pickled onion & queso fresco. 9.50

PREMIUM TACOS

All served on 6' flour tortillas

GF option w/corn tortilla +1

Add Guac +2.50

PRAWN SALSA (DF)

Marinated prawns w/ frida's coleslaw, guacamole, radish, cucumber salsa & chili lime. 14

STEAK CHIMICHURRI

Rump-cap steak w/ manchego cheese, chimichurri, agave onion, rocket, red cabbage & fried garlic. 14

HALOUMI & CRISPY CAULIFLOWER (V)

Grilled halloumi cheese, crispy fried cauliflower, frida's coleslaw, chives, chimichurri, habanero jam & pineapple chili jam. 13

SURF & TURF MEXICANA

Garlic butter spiced prawn, rump-cap steak, agave onion, manchego cheese, red cabbage, rocket, crispy garlic & chimichurri mayo. 16



DESSERT

CINNAMON CHURROS (V) 14

Served w/dipping dulce de leche sauce

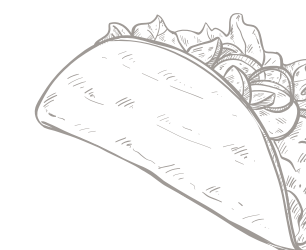
LUNCH SPECIAL

WEEKDAY TACO MADNESS

ANY OF OUR CLASSIC TACOS

12PM-4PM

\$6



FRIDA SOL
@fridasolpalmbeach

